



## **Family Craft & Activity Pack**

**Aimed at families with Children**  
*but fun for all ages!*

**LENT 1 - YEAR B**

**Mark 1: 9-15**

**Genesis 9: 8-17**

**Jesus is tempted in the wilderness**

## Lent 1 Year B

### Mark 1: 9-15 Jesus is tempted in the wilderness

#### The Baptism of Jesus

9 In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. 10 And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. 11 And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

#### The Temptation of Jesus

12 And the Spirit immediately drove him out into the wilderness. 13 He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

#### The Beginning of the Galilean Ministry

14 Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, 15 and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Mark 1: 9-15 NRSV*

#### Let us pray

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*(or)*

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord. **Amen.**

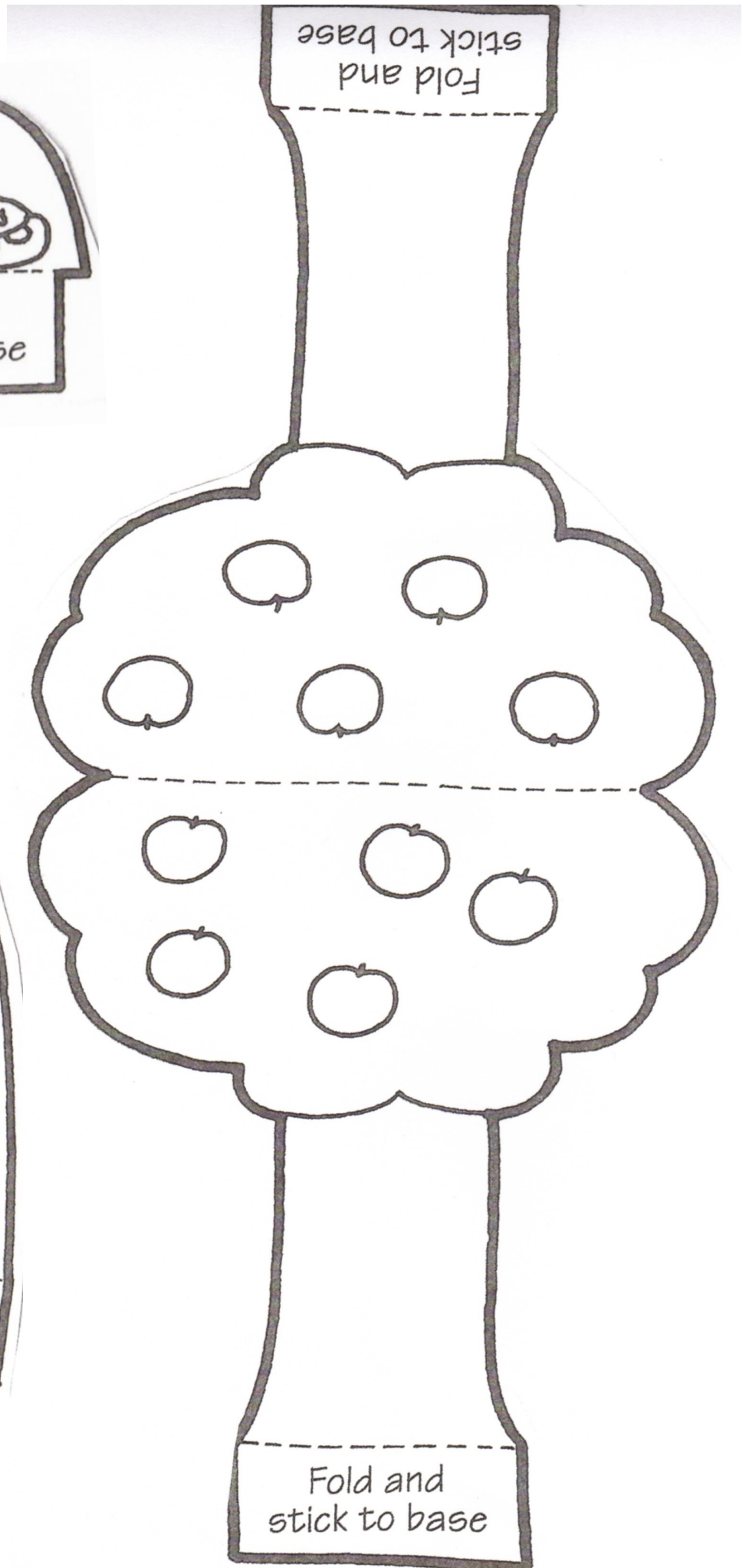


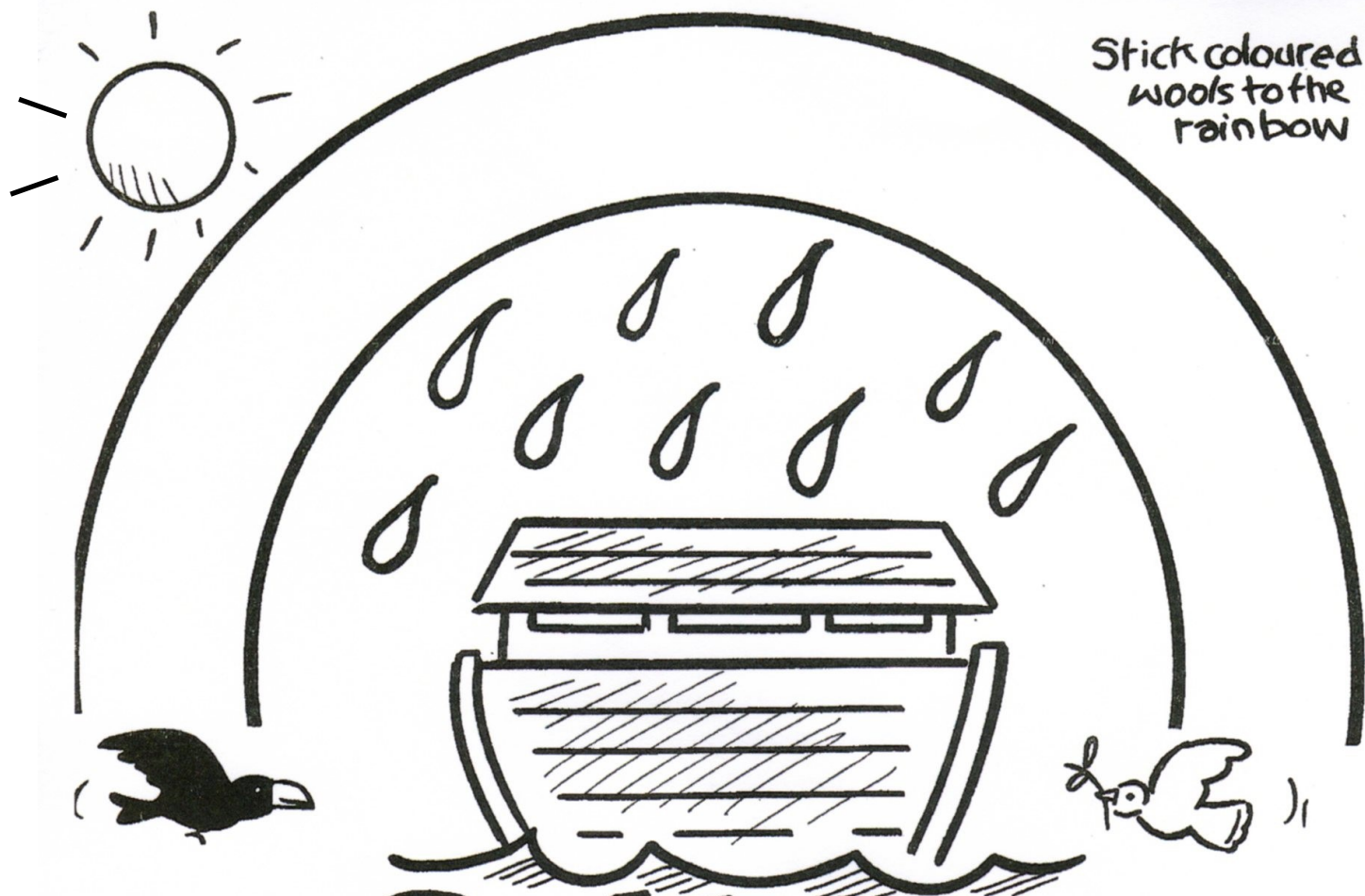
### TEMPTATION

Cut out the tree and fold in half.  
Decorate the tree or colour in.  
Using glue, stick to a sheet of  
green card.

Cut out the characters and re-  
peat the process to crate the  
garden of Eden.

Genesis Chapter 3





God loves  
the world.  
God loves  
me.

For parents and children to pray together  
'God, thank you for the sunshine  
and rain. Thank you for your  
love and care. We give our  
love to you.'



**LENT TARGETS**

I will aim to pray every day

I will try to do good things every day. For example \_\_\_\_\_

I will care for God's world and all its people \_\_\_\_\_

Signed \_\_\_\_\_

WHY BOTHER?

BECAUSE I CARE

I WOULD RATHER PLAY GAMES

I CAN DO BOTH.

I HAVEN'T GOT THE TIME.

I MAKE SURE I HAVE THE TIME.

I HAVE SOMETHING BETTER TO DO.

THERE IS NOTHING BETTER TO DO

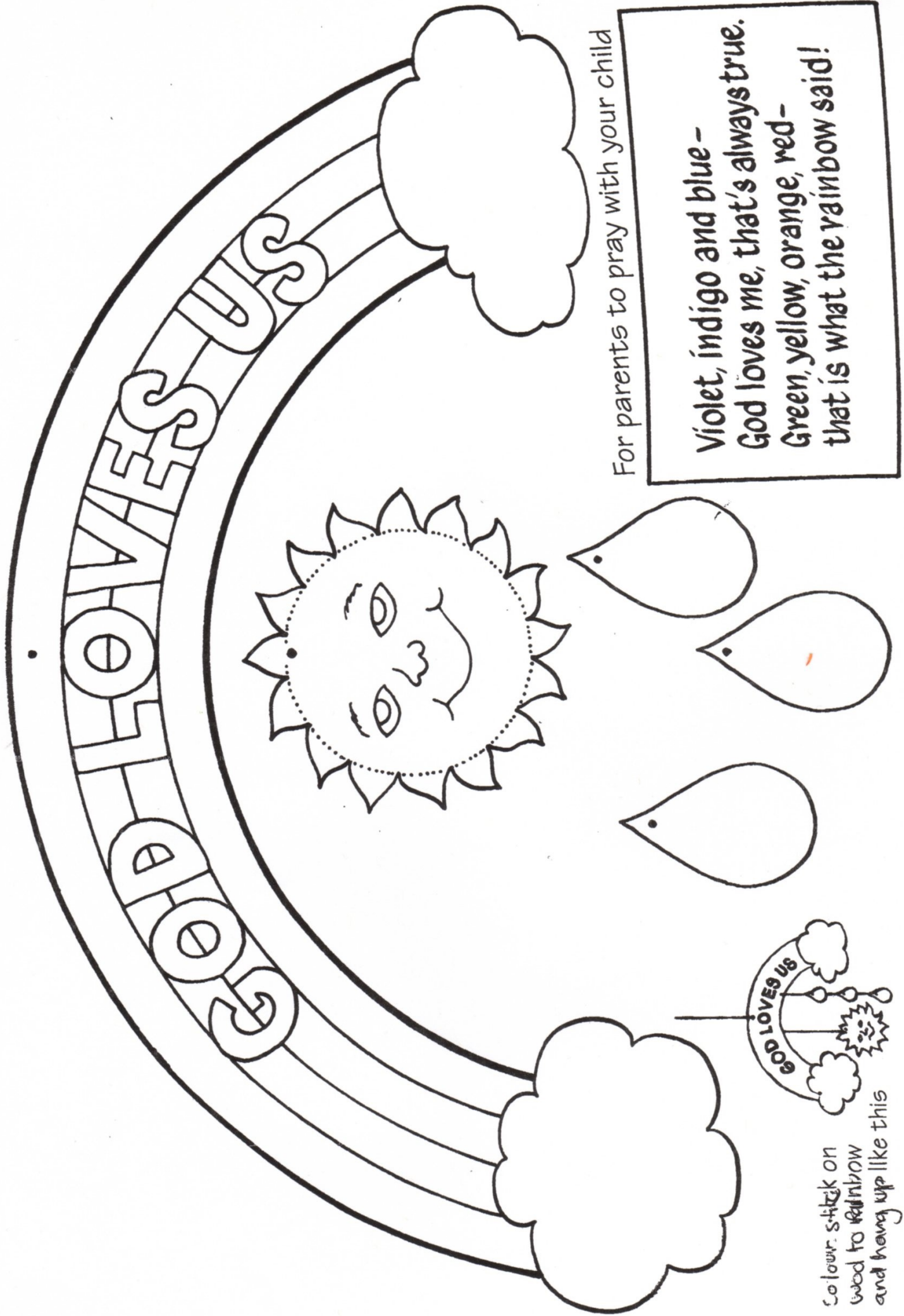
In Lent we show how important God is to us.

God, help us to serve you faithfully. Keep us firm in our faith and loyal in our love.

# Jesus is tempted 3 times





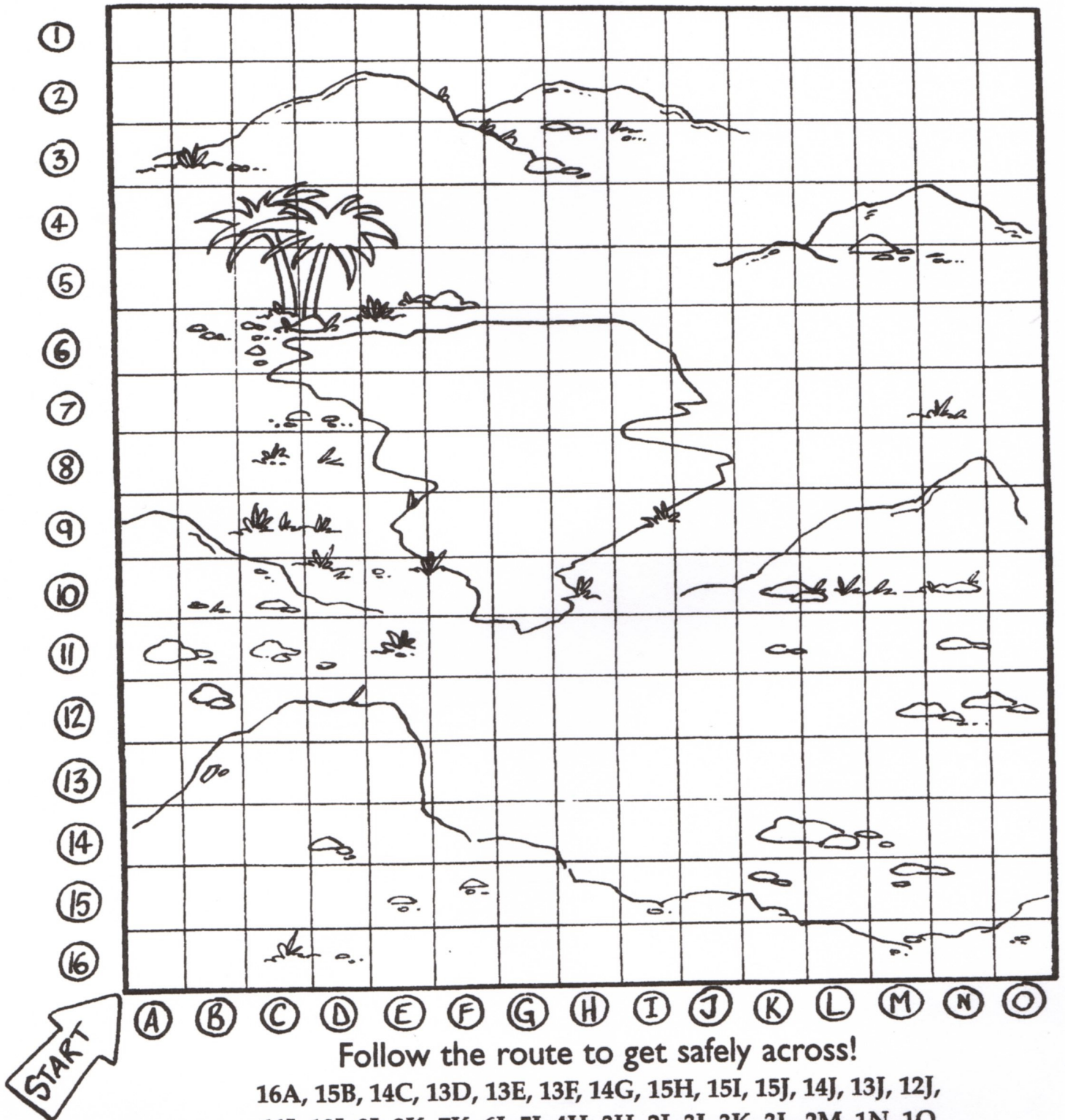


For parents to pray with your child

Violet, indigo and blue -  
God loves me, that's always true.  
Green, yellow, orange, red -  
that is what the rainbow said!

Colour stick on  
wood to rainbow  
and hang up like this

Which way through the desert?



Follow the route to get safely across!

16A, 15B, 14C, 13D, 13E, 13F, 14G, 15H, 15I, 15J, 14J, 13J, 12J,

11I, 10I, 9J, 8K, 7K, 6J, 5I, 4H, 3H, 2I, 3J, 3K, 3L, 2M, 1N, 1O

Draw in the route you take so others will know the way!